

## Touching Growth ~ TSC Radio

### Voices of the Chakras

If we could give each chakra a **voice** and if each chakra was vibrant and healthy this is what they would say:



**1st Chakra:** I have \_\_\_\_\_



**2nd Chakra:** I feel \_\_\_\_\_



**3rd Chakra:** I can \_\_\_\_\_



**4th Chakra:** I love \_\_\_\_\_



**5th Chakra:** I speak \_\_\_\_\_



**6th Chakra:** I see \_\_\_\_\_



**7th Chakra:** I know \_\_\_\_\_